

THE GOSPEL  
ACCORDING TO  
GABRIEL HORNY  
by Dirk Vanden

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WARNING!  
NOT PORNOGRAPHIC!  
(SORRY!)

\* \* \*

After awhile  
you begin to understand the way the world works,  
& it isn't at all like they told you!

REVELATIONS:

Jesus died.  
Peter Lied.

\* \* \*

“The Greatest Story Ever Told”  
is indeed the greatest "story" ever told.

\* \* \*

The entire structure of Christianity  
has been built upon  
The Greatest Lie Ever Told:  
That Jesus rose from the dead and physically ascended into Heaven,  
Promising to return, one future day, to save the world.  
The Greatest Truth Ever Told  
has been perverted by  
The Greatest Lie Ever Told.  
“Love One-Another”  
has been replaced by:  
“Hate Sinners!”

\* \* \*

Christianity is the result of Peter's attempt  
to deal with a dead Messiah.

\* \* \*

Jesus tried to take away sin;  
Peter & Paul put it back again!

\* \* \*

The Bad News: There's no Heaven!  
The Good News: There's no Hell!  
The Best News: We're alive!

\* \* \*

There's no carrot in front of us,  
But no whip behind!

\* \* \*

A mystery should be solved,  
not worshiped.

\* \* \*

A mystery per se is mysterious & frightening,  
and usually doesn't make sense until it is over.

\* \* \*

The end of a Mystery is always a surprise —  
or should be!

\* \* \*

Every time I solve one of  
"Life's Little Mysteries,"  
I find I have put together  
Only a small piece  
Of a much larger puzzle.

\* \* \*

All of our Sacred Cows  
Are Pure Bull!

\* \* \*

"Faith Healing" depends upon the faith of the healee,  
not the healer.  
Thus may charlatans make miracles!

\* \* \*

We all have miracle-power,  
but no one has taught us  
nor allowed us to learn  
how to use it.

\* \* \*

Computers are primitive models of the human brain.  
The more you learn about one, the more you know about the other.

\* \* \*

Think of the New Testament as a computer program:  
Christian-DOS

\* \* \*

If you were raised as a Christian,  
If you truly believed all the stories,  
you were programmed by your church,  
your relatives, friends, et.al.,  
to punish yourself whenever you enjoyed yourself!  
Headaches, Colds, & "the Flu,"  
are the handiest self-punishments.  
Until you reprogram yourself,  
you will continue to risk getting sick  
whenever you have a good time.

\* \* \*

If you know you are going to feel guilty about doing something,  
don't do it!  
If you do it, you will surely punish yourself!

\* \* \*

If you "Sin," & "God" doesn't punish you,  
that opens several frightening questions:  
Is there really a God?  
Is what you did truly sinful?  
And if not, why not,  
and if it isn't, what is it?  
Is your religion mistaken about God & Sin?

Much easier just to punish yourself!  
(& blame it on God!)

\* \* \*

There are programs in our heads  
which we put there many years ago,  
that are still functioning as though they were true,  
even though we have long ago disproved  
the "reality" on which they were based.  
We have changed part of our conscious behavior,  
but those programs need to be deleted,  
or they will continue to run (ruin) our lives.

\* \* \*

Can we enforce civilization  
without a boogey-man?

\* \* \*

The patterns you followed were faulty.  
The models you based yourselves on  
were those of your parents —  
and they were the products  
of patterns & forces  
completely unknown to them,  
& usually thoroughly misunderstood.

\* \* \*

Prayer is basically Self-Talk.  
Which is the same as Self-Programming.  
Which is how prayer works:  
You reward or punish yourself  
Depending on how angry or pleased you are  
with yourself.

\* \* \*

If prayer is self-talk,  
guess who God is!

\* \* \*

If the earth were a corporation  
& "God" the C.E.O.,  
He would have been fired  
centuries ago!

\* \* \*

One day I found G O D  
in my alphabet soup!

\* \* \*

We are our own accusers,  
our own judges, juries & jailers,  
but we can pardon ourselves,  
and become our own rewards!

\* \* \*

Most of humanity is marching resolutely  
into the future — facing backward!  
With their fingers stuck in their ears!

\* \* \*

Our religions are keeping us anchored in the past.

\* \* \*

The major cause of much, if not all the violence,  
gangs, drug use, murders, suicides, etc.,  
the literal, veritable falling-apart of society,  
is disenchantment:  
Disappointment, frustration, hopelessness & rage over unkept promises:  
The Tooth Fairy, Easter Bunny, Santa Claus,  
Virgin Mary & Little Baby Jesus Christ,  
Prince Charming, Bambi & Peter Pan,  
God, Jehovah, Allah, Zeus, Thor, Lucifer,  
Justice, Equality, True Love, Happily-Ever-After...  
& all the other myths & fables.  
Lies, all lies! Prayers unanswered.  
Wishes unfulfilled.

\* \* \*

How can you ever trust again  
a person, family or society  
which has so consistently lied to you?

\* \* \*

If they have lied about God & Jesus,  
how can you possibly believe  
anything else they've said,  
or ever will say?

\* \* \*

"Happily-Ever-After"  
is the Curse of our times.  
Anyone who believes in it  
is doomed to unhappiness.

\* \* \*

Turning the other cheek  
usually means getting slapped twice.

\* \* \*

Christian "Sacrament"  
is symbolic cannibalism  
for Christ's sake!

\* \* \*

Christian Sacrament began as Shewbread\* & Wine,  
for which Mormons substitute Wonder Bread & tap water.

\* \* \*

\*"Shewbread," or "vision-bread" is called "Priestly bread" in recent translations of the Bible, & was  
"illegal" for anyone but the priests to eat it; it was probably made of rye flour which had been  
"contaminated" by what is now known as "ergot of rye," the natural form of LSD. The Jewish priests took  
Shewbread to induce visions & revelations.

There is a non-sequitur in the "Holey Bible" (one of many) (Mark 3/23) which has Jesus & his crew out in a  
grain-field, gathering the heads of grain left by the harvesters. The priests come flapping out from town  
accusing them of "breaking the Sabbath." He replies:

"Have you not read what King David did when he had need & when those that were with him were hungry,  
how they all went into the House of God & did eat of the "Shewbread," which was legal for the priests  
alone, but which King David shared with all those with him."

The answer does not fit the question.

"Because the Son of Man is Lord of the Sabbath" doesn't fit either the question or the answer. It doesn't  
compute. That was a note added later by a Pope or a scribe trying to make sense of undocumented history.  
Now suppose that the grain they were gathering was rye (What is more Jewish than Rye Bread?). There is a

mold which grows on the kernels left in the fields; a bluish-green powdery substance called "ergot of rye," which, when baked into bread, would yield what chemists & hippies would now call "L.S.D." "Acid." The Tripper Medicine. The Vision maker.

I believe they were gathering "spoiled" heads of rye in order to make Shewbread for Passover, & that was the bread Jesus shared with his disciples for "The Last Supper."

Go back to the "miracle of the loaves & fishes." It only took a few loaves to get everybody "into the spirit." Go even further back: to the wedding feast in Canaan, where Jesus supposedly turned rainwater into wine. Jesus told a servant of the house to show his men the rain barrels. "Just do what they tell you to do," he says, mysteriously. ("Just put a loaf of this bread into the rain-barrel.")

Later the host of the party tells him "Your wine was the best of all!" It got the party even drunker than drunk."

\* \* \*

Each of us has our own "Dream Theater,"  
which is activated while sleeping,  
meditating, tripping on LSD, Peyote, Mescaline,  
"Out-of-body experiences,"  
"Religious experiences,"  
Epileptic grand mal seizures, etc..  
Paul of Tarsus was an epileptic  
who had a seizure on the way to Damascus—  
and talked to Jesus.  
Joseph Smith was an epileptic  
who had a seizure in the "Sacred Grove" —  
and talked to Jesus.  
It is typical of a grand mal seizure  
that the epileptic talks to God or Jesus —  
or at very least an angel.  
It was called "the falling-down sickness,"  
and many Old Testament Prophets had it —  
and those who didn't ate "Shewbread," for their visions.  
Once you have experienced the power & seeming reality  
of one of those LSD- or "Shewbread-" "visions," or  
"mystical experiences,"  
or "hallucinations,"  
you suddenly understand all of those old Biblical prophets,  
all the Wizards & Seers & Witch Doctors & Oracles,  
wheels within wheels,  
angels & demons,  
Heaven & Hell,  
myths & religions,  
& John-the-Beloved's "Revelations"!  
(Now there was an acid-trip for you!)

\* \* \*

We are judging & condemning ourselves  
according to a book of myths & fables,  
which lives within the very fabric of our lives. Virtually every aspect of our society  
is based in some way or other upon "The Holy Bible!"  
We must stop judging & punishing ourselves  
as "failed Divine Creations"  
i.e. "Sinners,"  
and see ourselves instead  
as the End Result of a long, understandable, natural process!  
Then we will finally realize that we have become

The best that ever has been!  
And that's much more impressive than a "Divine miracle!"

\* \* \*

They try to force me  
to be less than I am  
because they cannot,  
or will not,  
be more than they are.

\* \* \*

Mormonism = compulsive mediocrity.

\* \* \*

Mormonism (etc.) works for Mormons (et.al.)  
If you can swallow that bullshit,  
it seems to be very satisfying.

\* \* \*

Mormonism is a Religion Sandwich:  
Christianity wrapped in Bullshit -  
which makes it bullshit in bullshit.

\* \* \*

Most people absolutely refuse  
to jeopardize their beliefs  
by thinking about them.

\* \* \*

During Sunday School, Mass,  
or whatever your worship ritual is called,  
you "get high" on the words, the images, the singing, & the music!  
The colored lights & candles & incense & harmonious singing  
causes your body to create "Endorphins"  
which stimulate your body & brain, making you feel good,  
safe & secure, loved, & immortal!  
A group, feeling good, magnifies the sensations. ("Synergy")  
You go back week after week to get high again on Jesus!  
And you cannot understand,  
however hard you try,  
how any idiot could possibly get hooked on drugs!

\* \* \*

Billions of people are hooked on Jesus!

\* \* \*

It doesn't make a bit of difference what the loved object is —  
a man or woman, dog or cat,  
absent saint or incorporeal savior —  
Loving makes you feel good,  
no matter who or what you love!

\* \* \*

Whatever the road,  
whoever the teacher,  
the lesson of life is Love.

(Or, hopefully: Either learn it,  
or go back & do it again,  
'til you get it right. Right?)

\* \* \*

It finally comes down to this:  
Love is the only thing  
that makes life worthwhile.

\* \* \*

Love comes in all flavors.

\* \* \*

Love has no limits!  
It can include everything!

\* \* \*

The only way we can save the world is with Love!  
Nothing else can stop us from destroying ourselves.

\* \* \*

You are born with a need for love  
& touch!

While growing inside your mother's womb,  
you were surrounded with the physical & chemical reactions  
of her love for you as you were growing inside her.

It was all soft & warm & delicious!  
Love & touch were all around you for 9 months.  
No wonder you cried when you were born!

\* \* \*

If you think of something as a punishment, it is.  
If you think it's a reward,  
it will be that just as easily.

\* \* \*

You are defined & limited by what you believe.  
You may be being forced to think of yourself  
in ways that are not true at all —  
by the people & institutions around you.  
As you cease to believe certain things about yourself,  
you tear down the walls you have built up around yourself.

\* \* \*

Most of what humanity believes are fabrications covering the true reality.  
There is something under there somewhere!

It's us!

It's just us.

That's all it has ever been.  
And yet, how amazing that is,  
when you stop & think about it!

\* \* \*

The human animal evolved from its predecessor several million years ago.

It evolved into its "next step" several thousand years ago.

This "new kind" of human is to homo sapiens  
as a Lexus ZX is to a Model T Ford.

That is what the Rabbi Jesus was talking about when he said

"You already have what you seek, but you know it not."

He called himself not the "son of God," but the "son of man,"  
i.e., the "next step" in the evolution of humanity.

It was Peter who appointed Jesus "Messiah,"  
for which, Jesus renamed "The Rock"

"Satan."

\* \* \*

Matt. 16:16-28

\* \* \*

What you read in The Bible  
are the "official'CYA' stories"  
for what actually happened.

\* \* \*

Religion is a power trip.

\* \* \*

Religions, Laws,  
Astrology, Medical Science, Psychology,  
Voodoo, Shamanism, Witchcraft, etc., all have been attempts to deal with the human condition.

None are all true; none are all false.  
All contain errors, but all contain truths —  
scattered throughout like pearls in a pigpen  
after a feast of oysters!

\* \* \*

Religion is a necessary evil.  
What else would control  
All the crazy people  
in the world?

\* \* \*

When you closely examine a religion,  
you will find a machine  
churning out babies for The Church.

\* \* \*

A closed mind is most often clenched around a religion.

\* \* \*

"Christ-ness" is a state of mind.

\* \* \*

"Heaven" is a state of mind.

\* \* \*

Is a "soul," actually an electromagnetic parasite?

\* \* \*

Perhaps that which is called my "soul"  
is actually some kind of electro-magnetic particle  
in its umpteenth reincarnation, having begun as self-consciousness  
(a sense of "I am!")  
probably in an aquatic animal, long ago,  
and then traveled up the food chain  
each time it was ingested with its host body — following a path that surely must have gone through dogs &  
dolphins —  
until it eventually found a home in a human brain,  
and finally, with the death of that or a subsequent host,  
migrated into me,  
most likely at some point in my childhood  
when the "garden" was ready for the "seed."  
It has probably passed through several human incarnations  
before it got to me,  
& so, the material I discover in my memory banks  
could be from earlier lives!

\* \* \*

Perhaps the evolving soul needs a matrix of "love"  
in order to progress through human incarnations.  
"Survival of the fittest" must apply to souls as well as bodies.

\* \* \*

Maybe the souls most resembling the archetype  
are consumed by it, enlarging it.

\* \* \*

The less you are preoccupied  
with all of your problems,  
the more you are able to see  
what is going on around you.

\* \* \*

In another time & place, I would have been a "Shaman,"  
or "Wizard," or "Oracle,"  
or whatever the oddball-misfit  
("Visionary Mystic")  
of the tribe was called.

I would have been singled-out early & sent to live with the elder Wizard,  
where he or she would have taught me all the magical words & rituals  
appropriate to the customs of the tribe,  
and sooner or later I would have inherited the job —  
or been killed by stoning for being crazy.  
Instead, I was born into a tribe called "Mormons,"  
who didn't believe in Wizards —  
so neither could I.

Instead I embraced Mormonized Christianity with the fervor that,  
I now assume,  
only incubating Wizards feel —  
certainly none of the people I knew seemed to feel it so intensely,  
or to take it as seriously as I did!  
Mormons believed in saints, so I became a little saint.  
They hated that!

\* \* \*

A Shaman manipulates other people's magic.

\* \* \*

Christians are hung-up on crosses

\* \* \*

Crosses are the symbols of death  
not life!

\* \* \*

We have overpunished ourselves.  
We have a refund coming!

\* \* \*

By contemplating only the imperfections,  
we miss the miracles.  
Stop limiting yourself  
by being something  
you no longer believe in.

\* \* \*

Television instills (programs) blind acceptance of violence

as the solution of all problems  
into gullible (programmable) minds  
— it infuses the callous disdain for life seen on the tube —  
from the earliest shoot-em-up westerns  
to the latest Robocop  
(including the evening news & Saturday morning cartoons.)  
The message is (and always has been):  
"There are good guys & bad guys,  
and the 'good guys' can hurt or kill the 'bad guys' & get away with it!"  
The stories & myths of our age have taught us  
that it isn't a really bad thing to hurt or even kill a junkie,  
or a nigger  
or a faggot,  
or a hooker, or kike, or wop, or geek, or pig,  
abortionist, atheist, Catholic, Protestant, Muslim  
etc., etc., ad nauseam,  
As long as they're not like you,  
i.e. "one of the Good Guys,"  
(a.k.a. "God's Chosen,")  
go ahead & waste 'em!  
After all, you're only helping God,  
sending bad people to Judgment.  
Kill several & you'll surely get even more stars in your crown in Heaven!

\* \* \*

The world is insane!  
Therefore, anyone who deals successfully with the world  
is necessarily insane as well!  
By "the world" I do not mean the "earth,"  
third planet from the sun, which I love,  
but rather "the way of the world" —  
the religions codified into laws,  
schools & institutions  
which promulgate those religions.  
Also, those people who still believe in those laws,  
institutions & religions.  
Their lives are based upon insanity!

\* \* \*

The very ideas of "Heaven," "Hell," & "Final Judgment"  
invite murder.

\* \* \*

What most people call "Love" is an illusion,  
often a delusion,  
an expectation,  
triggered by some aspect of sex —  
the act itself, or the thought of it.  
Nature has made it very difficult to not reproduce.  
When people meet & feel an instinctive impulse to procreate,  
"Endorphins" are produced,  
and key the brain & body into feeling good.  
It is this "good-feeling"  
which is popularly known as "Falling In Love."  
It is much like the LSD or psychedelic experience:  
For a relatively brief period of time, while "high," or "in love,"  
one feels dynamic! Healthy! Immortal!

When that good-feeling goes away,  
we try to repeat whatever action  
caused the feeling in the first place:  
sex, drugs, religion....  
Religions are designed specifically  
to produce that good-feeling,  
which is what people refer to when they speak of "Religious Ecstasy"  
or "The Presence of God."  
It is also the basis for "miracle power."

\* \* \*

Most of my life, I've been mad at myself!  
I'm not condemning myself any more.  
It feels really good to forgive yourself!  
(Sort of like spiritual masturbation!)

\* \* \*

In the beginning, man invented God.  
To get even,  
woman invented The Devil.

\* \* \*

The truth is the truth!  
It does not depend upon time or place,  
and it does not "belong" to anyone!  
For example: "Religion is the opiate of the masses,"  
does not depend on the acceptability of Karl Marx for its truness.  
"Treat others as you would have them treat you,"  
does not depend on the divinity of the Teacher from Nazareth.

\* \* \*

"Apocalypse" means "Uncovering;"  
"Revelation" means "Uncovering."  
This is the Age of Uncovering!  
Just watch television:  
Civilization is being exposed!

\* \* \*

Civilization is being stripped bare.  
Not much there.  
Lots of people,  
very little civilization.

\* \* \*

Our "Civilization" is based upon the greatest lies ever told:  
Creation, Gods, Heaven, Hell, Christ, Satan, Virgin Mary, et. al..  
These were invented to explain things that seemed unexplainable.

They are comforting,  
but they are all myths.

This is the end of civilization as we know it.  
It is crumbling & cannot be stopped.  
The "New World" must be built upon Truth, or it cannot survive.

\* \* \*

Religion is keeping the "next evolutionary step" from happening.

\* \* \*

In order to sustain & maintain itself,  
The Church must prevent its followers from truly finding Heaven.  
("The Priests & Pharisees are like dogs sleeping in a manger.

They neither eat, nor allow the cattle to eat.  
They have been given the Keys to the Kingdom of Heaven,  
but they will not enter,  
nor will they let their followers enter.")

\* \* \*

Jesus was born at the time of a visit from, probably, "Halley's Comet."

Such a "heavenly" event was sure to strike fear & awe  
into all who saw the light  
slowly moving across the heavens,  
until it vanished on its heavenly way,  
(to come again some other day)!

Almost everyone believed that  
some sort of disaster or divine miracle was about to occur.

The Jewish Messiah had been predicted for centuries,  
Jesus probably took the whole thing very seriously.

Since he was born while the light seemed to be directly over his birthplace, this would have been a story  
recounted throughout his youth, by his mother  
(who surely believed that her son was blessed.)

He rejected Judaism as  
"the Abomination of Desolation, sitting in the Holy Place."  
and probably studied with at least 3 "Wise Men"  
(teachers, rabbis, gurus)

in The East — Asia, India, maybe even Tibet!

At some point, one of his teachers gave him some "Shewbread"  
or the mushroom equivalent, "Soma,"  
and introduced him to "The All."

He returned to Judea & started a little group of "truth-seekers"  
in the hills around Galilee.

It was not a completely heterosexual group;  
there were straights & gays & women of the evening, & other mothers;  
but Jesus more than tolerated relationships between his disciples.

He encouraged love between men.

His "authority" to do this was based on the teachings of David,  
King of the Jews,  
who declared that his love for Jonathan was greater  
than his love for women.

David was also Jesus' excuse for passing out "Shewbread."

It says in the scriptures that David & a bunch of hungry people  
went into the Temple & ate the "Shewbread,"  
"which was legal for the priests alone."

Passing around Shewbread is how Jesus got his followers "into the Spirit."

To teach them what he had learned from the 3 wise men,  
hoping that his truth would set them free:

"You already have what you want, but you know it not!

I am 'The Son of Man(kind),' follow me & become me.

At "The Last Supper,"

the bread which he broke & distributed among his disciples,  
saying "this is my body" was "Shewbread!" (LSD)

He intended to get All of them Sky High on Passover.

"In The Spirit," they went up to the Garden of Gethemane,  
where the soldiers caught up with them

(they were considered subversive & carefully watched & followed;  
nobody knew what Jesus was up to!)

Jesus & Judas, "in the spirit," were caught "kissing,"  
and were hauled off to court, judged & executed as Sodomites,

before the rest of the disciples “came down.”  
By the time they recovered, Jesus & Judas were dead.  
They had to tell his followers something!  
Imagine Peter waiting outside the tomb, waiting for Jesus to wake up.  
He had been so sure!

\* \* \*

Like it or not, humanity has grown out of its “childhood.”  
We’re “growing up,” cosmically speaking,  
and we have to get rid of our “childhood” myths & obsessions  
and our magical notions of how things work.

\* \* \*

You don’t know you’re asleep  
Until you wake up.

\* \* \*

You don’t know you’re dreaming  
until “reality” returns.  
Who is to say which is the dream?

\* \* \*

“The survival of the fittest”  
applies to everything in the cosmos — & beyond.

\* \* \*

There should be a time when the parents tell the child  
“Okay, the whole Santa Claus thing was a shuck, a scam, a lie.  
It was a control thing.  
It made you behave yourself better than you would have, otherwise.  
It wasn’t our idea, but we gladly bought into it,  
because, hey, it worked!  
As long as you believed it, it worked.”  
Similarly, there should be a time in a person’s life,  
when an older & wiser soul says  
“Okay, the whole God thing was a shuck, a scam, a lie.  
Much like the Santa Claus thing.  
And the Tooth Fairy thing.  
And the morality fables.  
& The Bible.  
It’s a control thing...”

\* \* \*

Good people are good people, with or without “God.”  
Bad people are bad with or without God.

\* \* \*

“Intelligence” is always the last to evolve.  
Never the first.  
Everything — you, me, the earth, the universe —  
All are evolving from simple to complex,  
Not the other way around.  
God did not create us: We are creating God!  
The Universe’s “Intelligence” is evolving:  
We are “microchips” in the “mind” of the Universe —  
But that “Mind” is still evolving  
& is not yet self-aware  
let alone, aware of you.  
You are the only one aware of you.

Others are only partially aware of you,  
within the schemes & boundaries of their own personal universes.

\* \* \*

The story of Adam & Eve in The Bible is the result of a male-dominated society's twisting of facts to suit the leaders. It began as a cautionary tale about mating. Mating was Paradise at first, but then Sex (the Jews called sexual intercourse "knowledge." Adam "knew" Eve with his "Tree of Knowledge," his "Serpent," & produced Cain & Able), which at first seems heavenly, turns into hell because it gets the wife pregnant. The way to avoid pregnancy, says the old pre-biblical old-wive's tale, is to abstain.

Otherwise, you get kicked out of Paradise, with children, & have to earn a living or somehow bring food & comfort to the little ones.

\* \* \*

If you're worried about anarchy, consider:  
millions of people for thousands of years  
have agreed that Christian Principles  
are good ones to live by.

All current and ex-Christians  
have been programmed with those principles.

We won't go against them.

Whether or not Jesus is coming back to save the world. He isn't — but live like he is.

Christmas goes on,  
even after we discover there's no Santa Claus!

\* \* \*

Scaring you into accepting  
Their leadership & laws  
Is what Religion & Politics  
Are all about.

"Fear & Guilt."

Two sides of a coin named "Power & Control."

\* \* \*

Religion is the cause, not the cure.  
Religion turns good, decent people  
into bigots & hypocrites.

\* \* \*

#### GAY LIFE:

While searching for myself  
I found a multitude.

\* \* \*

Inside drab and ugly outer shells  
we are creatures of exquisite beauty  
hiding from each other  
and ourselves.

\* \* \*

The Gay lament:

"How can I respect anyone  
who wants to have anything to do  
with someone like me?"

\* \* \*

We try to get somebody else to love us  
before we can love ourselves.

\* \* \*

People who do not love themselves  
do not allow themselves to be loved.

\* \* \*

If you don't believe in yourself  
nobody else will either.

\* \* \*

We are all good little boys and girls  
pretending to be bad big boys and girls,  
acting out roles that have been prescribed for us,  
trapped inside our own pretending.

\* \* \*

We are called "gay"  
not for what we are  
but for what we will be  
when we discover what we are.

\* \* \*

When they call you  
"the scum of the earth"  
remember:  
The scum of milk is cream!

\* \* \*

You must like yourself  
before you will permit yourself  
to enjoy yourself.

\* \* \*

There are those who believe that "Gay Lib" started on Christopher Street in 1969.

That is like believing  
that a flower can bloom  
without having been planted.

\* \* \*

Human population is out of control,  
literally exploding!  
The earth simply cannot sustain so many people.  
There will continue to be wars and plagues and pestilences  
until we stop reproducing ourselves so abundantly!  
Might homosexuality save the planet?  
Organic Birth Control?

\* \* \*

Don't be afraid of becoming  
what you already are.

\* \* \*

We are pain-savers!  
We collect outrages and injustices  
the way other people accumulate  
paper bags and rubber bands!

\* \* \*

We are humanity blossoming.

\* \* \*

The "Poor Little Me" method:

First you set yourself up;  
Then you knock yourself down;  
Then you say:  
“Now look what you made me do to myself!”

\* \* \*

I'm in the habit of feeling rejected.  
I go through the old syndromewhether it is valid or not.

\* \* \*

Help!  
I'm trapped in a syndrome  
& can't get out!

\* \* \*

The practice of homosexuality is being drastically altered  
from what it has been, up until very recently  
to what it will soon be for a huge number of people  
in the very near future:

It will become the lifestyle of choice  
for much of the world's population  
early in the twenty-first century.  
Legalized organic birth control.  
The idea of bringing children  
into a world such as this  
turns off a vast number of young people,  
who would gladly be Gay  
if it wasn't such a “bad” thing to be.  
Television is turning that current unreality  
into future reality  
all around the world.  
Most gay men and lesbians on TV  
are like “the boys & girls next door.”  
No big deal.

\* \* \*

Some people spend entire lives  
hiding from each other,  
and lying to each other,  
and hating themselves for it.

\* \* \*

All of my life I've been called  
“too sensitive for my own good.” That was quite true,  
but I didn't know what to do about it.  
I couldn't just turn it off —  
I had no idea where the switch was!  
Whenever I was near an angry person,  
I became angry.  
Whenever someone was sad,  
I started feeling sad.  
It makes shopping at the mall  
like a trip into Hell!

\* \* \*

We are the dreamers,  
those seekers after truth,  
the True Believers,  
who, as children,

were called “too imaginative,”  
“over-sensitive!”  
We are the ones who saw the hypocrisy,  
the blatant insanity,  
which everyone else seemed not to notice,  
or used for their own benefit.  
We couldn't help noticing that the Emperor was naked!  
And often made the mistake of saying so!  
We are the ones who wouldn't settle  
for a piece of horse manure  
in our stocking for Christmas;  
we keep looking for the pony!

\* \* \*

It is easy getting into the Enchanted Forest.  
The hard part is  
in getting out again.

\* \* \*

We are headed for mass-consciousness,  
at first via radio, television and computers,  
and then by our brains themselves. We'll have to clean house in our heads  
before we let anyone in!

\* \* \*

We have been taught to disbelieve  
everything we are.

\* \* \*

There is at least one thing which unites us:  
We all believe in love!

\* \* \*

We are doomed to chase the Impossible Dream  
forever and evermore.  
Otherwise we could not grow.  
We become that which we seek —  
but the dream grows as we grow,  
evolves as we evolve!

\* \* \*

We are all Gifted Children  
that someone forgot to unwrap!

\* \* \*

Multiplicities of onenesses...

\* \* \*

What you know of yourself  
is what you allow yourself  
to be conscious of —  
the tip of the iceberg  
compared to all you really are.

\* \* \*

Sometimes you must study something  
for a long time before you understand its secrets.  
Although you have discovered one or even several truths,  
there may be others,  
hidden still.

\* \* \*

By ceasing to be what you seem to be  
you become what you have been all along.

\* \* \*

We are all fervent idealists!  
So full of perfectionism  
we crack if we bend,  
and we judge ourselves harder  
than any others.

\* \* \*

"Gay Life" is like a port in a storm.  
All sorts of dinghies tie up in it!

\* \* \*

SAYINGS ~ HARD & SOFT  
& IN BETWEEN:

All I can give you is me.  
I'm all I've got.

\* \* \*

I'm glad I am!  
I celebrate myself!

\* \* \*

Fight ugliness with beauty!

\* \* \*

"Never in a Million Years" was day-before-yesterday

\* \* \*

If nobody knows where we're going,  
How will we know when we get there?

\* \* \*

Modern music:  
("I can torture you and call it art!")

\* \* \*

If music is food for the soul,  
then rap is the crap!

\* \* \*

When everybody else believes you're crazy,  
sometimes you're tempted to wonder  
if maybe they might be right.

\* \* \*

The history of humanity  
is an incessant, almost imperceptible  
movement toward perfection.

\* \* \*

I am a perfectionist continually frustrated  
by the impossibility of perfection!

\* \* \*

More often than not,  
the people who are the least talkative

have the most to say.  
And the opposite is even truer.

\* \* \*

Ode [Owed] To Governor Moonbeam:

If less is more,  
then none is most,  
so the poorer I stay,  
the richer I'll get!

\* \* \*

I now believe that every single step of my life  
has been necessary,  
for one valid, logical reason or another,  
in order for me to become what I am supposed to be:  
Me!

\* \* \*

There are reasons for everything  
if only we knew them;  
there are no effects without causes.

\* \* \*

Plan, but don't worry.  
Planning assumes success.  
Worrying assumes failure.  
Remain flexible.  
Do not get angry or upset  
by a necessary change of plans;  
You cannot foresee a multitude of particulars.

\* \* \*

Change is as predictable  
as it is inevitable;  
we must simply learn  
what to look for.

\* \* \*

By attempting to impose order and sanity  
upon an un-sane and disorderly universe,  
are we merely driving ourselves crazy?

\* \* \*

Instead of using "time" simply as a measuring device,  
we have allowed it to incorporate a "Mystical Quality"  
with which it "shapes our lives."  
Actually it does no such thing —  
so long as we do not allow it to.

\* \* \*

I am the only one paying attention to my life.  
Everyone else is too preoccupied with their own lives  
to do more than fleetingly notice mine.

\* \* \*

I must follow the path I'm on,  
no matter where it may take me.  
Wherever it goes is where I should go,  
to give me whatever it is I should have  
when I'm finished,

when the path ends  
and I get where I'm going.

\* \* \*

My memory allows me to be me.  
I wouldn't know what to do without it!

\* \* \*

It takes at least 2 people,  
believing in something,  
to make it real.

\* \* \*

Worry is a measure of doubt.  
The more worried you are,  
the more you doubt  
the thing you want to happen.

\* \* \*

One of the first tricks we learn as children  
is to recreate Mommy and Daddy inside our minds.  
Thus we could anticipate what they would do  
under certain imaginary circumstances.  
Eventually, everyone important to us takes up residence inside our heads  
and are up there, at this very moment, chattering away at us,  
complaining and criticizing, making us feel guilty  
even though we don't know why!

\* \* \*

I was never taught how to "control" my "imagination."  
Only to put it away very quickly,  
whenever I was caught playing with it!

\* \* \*

The "pendulum of change" swings each way  
from "liberal" to "conservative"  
approximately every 10 - 20 years.  
each set of swings  
moves us ultimately forward;  
we never go back all the way.

\* \* \*

Up until now, wars have helped control population growth.  
Many of the prime breeders were killed in the fighting.  
Many of those young people who would otherwise have joined gangs  
and killed people at home,  
joined the biggest gangs of all  
— the Armed Forces —  
and killed people in other countries.  
Now they roam the streets.

\* \* \*

Suppose dogs socialized humans rather than the opposite.  
After all, dogs have been around a lot longer than people!

\* \* \*

If you've never experienced  
the love of a dog,  
You've never known Love  
in its purest form.

\* \* \*

Dogs and old people get on very well together  
because they truly love each other,  
and neither requires intellectual companionship.

\* \* \*

The human race is currently undergoing spiritual circumcision!

\* \* \*

I have heard Truth singing!

\* \* \*

Perseverance makes winners out of losers

\* \* \*

Television is homogenizing humanity.

\* \* \*

When you feel bad, you see the worst in people;  
when you feel good, you see the best!

\* \* \*

Even if you've got the best equipment in the world  
What good is it if you never use it?

\* \* \*

Once you have tasted how delicious Life can be  
you can never forget or be satisfied with less.

\* \* \*

The ultimate failure is to fail at failing.

\* \* \*

In the land of the blind,  
a one-eyed man is thoroughly distrusted!

\* \* \*

We see and hear the world  
through a filter of our (mis)conceptions.

\* \* \*

Most people are too busy to be introspective.

\* \* \*

Politics is the "art"  
of making your opponents truths  
sound like lies  
while making your own lies  
sound like truths.

\* \* \*

Knowledge understood becomes Wisdom.

\* \* \*

Wisdom is a treasure which cannot be hoarded,  
but must be shared to have any value.

\* \* \*

I would rather be an enigma  
than a disappointment.

\* \* \*

PS: Never trust a religion whose boys become  
"Saints" at age 10, "Priests" at 16 & "Elders" at 18.

\* \* \*

Never trust a religion, period.

\* \* \*

Never in my wildest imaginings or nightmares,  
growing up as The Best Little Mormon Boy in the World,  
did I dream that I would end up being a homosexual atheist  
advocate of "The Most Misunderstood Man in History,"  
Jesus of Nazareth.

And yet, here I am.

\* \* \*

A NEW TESTAMENT

WAS JESUS GAY?

Yes. That's why I am.

Maybe you, too.

I have wrestled with this idea for many years.  
For the first 16, I accepted what they taught me as "Gospel."  
When I discovered it was not,  
I decided it was all a lie.

Once I had stopped believing,  
I had to test every idea before deciding  
what was true & what was not.  
I tested the idea that I was Queer,  
& discovered that I was, indeed!

At first, I accepted what they told me about homosexuality,  
that it was a sin, a crime, a perversion, an Abomination in the sight of God.

And yet, I could not change myself.  
I tried, but could not escape the knowledge that I was Queer.

I loved loving men!  
I loved sucking their cocks!  
& having them suck mine!  
So I tried to make the best of it.  
I became a good Queer.

A champion of Queerness.  
I wrote 7 books on How To Be Queer!  
I did everything it says in The Bible you shouldn't do.  
And somehow, in spite of that,  
I found momentary Fame  
for promoting homosexuality,  
& True Love for embracing it.

According to everything most people believe,  
that should not have happened.

I should be wretched with guilt,  
cowering in terror at the thought of death &  
"Final Judgement."

But I am not - & for good reason.

38 years ago, unknowingly,  
I discovered "Shewbread," (LSD)  
a Jewish Priestly Secret for thousands of years,  
"Legal for the Priests, alone"  
& had a shattering,  
life-altering "Vision!"  
Not unlike Joseph Smith & Paul of Tarsus,

Except I discovered I was Jesus!  
That discovery truly "blew my mind."  
It changed my life.  
But it was not a popular idea at the time, even for me.  
I knew I was not The Expected Messiah all by myself  
my Vision had told me *We All Are!*  
It was not something that was going to happen in the future.  
It has already happened.  
Jesus said: "You already have what you want, but you know it not."  
But nobody wanted to know that 38 years ago.  
We were too busy being liberated.  
And, anyway, everybody hated Jesus for being a fraud.  
Jesus was not the fraud.  
Peter & Paul are the frauds.  
Jesus's teachings remain valid,  
today as much as then.

You just have to search through the bullshit for the pearls of wisdom, scattered throughout.

It has taken at least 30 years for me to finally understand my Vision.  
But once I got my head around it,  
I felt totally at peace with myself.

I finally understand I was "supposed" to be what I am.  
a cocksucking homosexual  
specifically because I was "programmed like a computer" to follow The Jesus Path,

That path is strewn with boulders & debris of lies & deceptions  
that have to be discovered & discounted & deleted  
from our computer-like brains.

Once I had eliminated the religious bigotry from my life  
I started finding Love  
& Acceptance

### **Among Other Homosexuals!**

Jesus never intended to start a religion,  
that was Peter's idea.  
Jesus was the world's first Hippie.  
He preached Love.  
Not pie in the sky when you die,  
but love on earth here and now.  
His mission was to teach men to love men.  
Because he believed that when everybody loved everybody,  
"Heaven" or "Paradise" would be achieved.  
He called it "The Spirit"  
or "The All."

Not "Jehovah!" or "Yawah!"

Christian men do not love each other.  
They say they do,  
& probably even believe they do  
but they love women more.  
They love their wives & their children,  
but they do not love each other.

### **It is Forbidden by their Religion!**

(& that's OK by them!)  
They cannot touch  
they cannot kiss

they cannot embrace  
They cannot suck each other's cocks!  
It is forbidden by their religion -  
the very religion which purports to teach "Christian Love."  
What it really teaches is judgment.  
"Judge the Sinners, Send them to Hell!"  
Jesus said "Judge not."

That was not a religious commandment,  
it was a good mental health rule for his new tribe to follow.  
If you condemn someone in your head,  
thinking you are superior to that person,  
that starts a kind of mental rot  
that eats away at your soul!  
You poison yourself with your own hatred.  
You blame me but you actually punish yourself.

Christians preach hatred  
for us, for other races, other religions.  
Other variations of their own religion.  
Each little group claims to be "God's Favorites."  
"He likes me best!"  
"No! Me!"

That attitude pits everybody against everybody else!

Jesus never counseled marriage.  
He never once said "Get married & make babies."  
He counseled against divorce, once married,  
but he was not married himself  
At age 30! Come on!  
& never performed the marriage ceremony for anyone.  
If, as they say, he claimed to have God-given authority,  
how come he never married anybody?

The original teachings of Jesus  
had to do with getting rid of Jewish Guilt & Retribution  
"An eye for an eye..."

Replacing that motto with Love One Another!

Sodomy & Gammorrahy (fellatio)  
were forbidden by Jewish Law  
& Sodomites were punished by crucifixion.

The most painful, humiliating way to be punished for such a "henious crime."

"Ecce Homo"

Behold the Homosexual!

That's why they crucified him.

They caught him & Judas "kissing!"

Christianity is Peter's baby, not Jesus'.

In fact, when Jesus gave Peter his church,  
he called him "Satan," and said

"Get thee away from me, you are an offence to me,  
for your ways are the ways of the world."

The reason Christianity hasn't worked in 2000 years  
is because it is a Homosexual Philosophy  
mistakenly applied to Heterosexuals.

My father used to say “**Bullshit makes the garden grow.**”

He implied that The Christian Gospel was bullshit,  
so, indeed, that was the fertilizer that produced me.

A seed does not stay in the fertilizer; it grows out of it!

But I cannot imagine that I am the only one,  
the single sprout of the Jesus seed.

“The sower went out and sowed his seed...”

I’m sure there are others,  
my guess is: Many Others.

If I am any indication,  
Harvest Time is here!

Or I could be insane.

IN THE BEGINNING:

ONCE UPON A TIME,

long, long ago

— give or take a zillion years or two —  
the star we call “Sun”

was floating around in the galaxy, minding her own business,  
tending her offspring as usual,  
when suddenly, a huge asteroid  
appeared on her horizon.

There was a cosmic attraction between them  
& after a brief heavenly courtship,  
the asteroid, came crashing into her –  
& she collapsed in upon herself,

creating what astronomers would call a "Black Hole,"

but which is actually a “Space Pregnancy.”

The “collapse” caused a kind of space-vacuum,

sucking in space-junk from all directions,

— all her old planets and moons,

comets & space-dust, even starlight —

(That’s why astronomers can’t see them!)

sucking everything into her center

growing denser and hotter,

until finally she exploded!

**Starbirth!**

In the process of exploding,

the “born-again” star started spinning, throwing off arms of burning stuff

which eventually condensed into spheres,

which continued rotating around the revitalized sun,

following the paths they had already established,

finally becoming perfectly balanced between centrifugal force and inertia.

Slowly each sphere condensed and solidified,

variously sized and composed,

depending on what stuff

– or new combinations of stuff -

had been in the arm of fire

thrown off by the star, which had formed them.

On one particular sphere,  
now called "Earth,"  
conditions were just right so that,  
as the exterior cooled off to become a crust,  
surrounding still-burning star-stuff,  
moisture condensed around the outside.  
Over millions of years, enough moisture collected  
to form what we now call "lakes and oceans."  
"Sunlight," raw energy, interacted with the water & created air.  
Water & air, rubbing against each other caused lightening:  
electricity interacting with water and minerals from the earth,  
started the first "living" thing.  
Over billions & billions of years,  
from that "simple" beginning,  
uncountable forms of life have mutated & evolved,  
- & vanished -  
plants & animals,  
filling the seas & covering the habitable parts of the crust  
that surrounds the still-molten star stuff.  
Which keeps us all from freezing to death  
in the winters.  
One of these days, billions of years from now,  
(hopefully not sooner)  
another catastrophic celestial conjunction will occur  
& the whole process will start all over again!

\* \* \*

This explanation of our beginning makes much more sense to me than  
"A magic old man, living in the clouds, reached down & zapped the dirt with his finger, creating the first  
man -- then, realizing his mistake, he made a woman out of the man's rib."

\* \* \*

You and I and all other animals begin life as an egg. Forget that nonsense of "beginning" when one is born,  
when one comes howling & protesting out of the warm, loving mother into the cold, cruel world. We begin  
as exact copies of Mom, genetic blueprints to produce someone exactly, precisely like her, in every detail.  
She produces many of these copies of herself every month for many years of her life. Were she able to  
impregnate herself, she could give birth to exact duplicates of herself. However, fortunately or  
unfortunately, she needs a man to fertilize her eggs, & thereby invites modification of her potential clone.  
In the process of Getting Together, the sperm & the egg have a contest, the sperm being the exact duplicate  
of the male, DNA-wise. Whichever gene wins the contest, the forming embryo will have, say, blue eyes  
instead of green, blond hair instead of brown,  
If our father's maleness triumphs in the sex-determination department,  
the original ovaries move down & become testicles;  
the clitoris becomes the penis,  
the lining of the vagina becomes the scrotum,  
the breasts shrink,  
Some muscles get larger, some smaller.  
Otherwise, men & women  
are pretty much the same.  
We all contain bits & pieces of both parents,  
& could probably be properly pigeonholed  
somewhere along a scale between  
All-male & All-female -  
& all-possible combinations in between!

\* \* \*

Everything is in some way  
Essentially parallel  
With everything else:  
Everything begins,  
"lives,"  
then ends,  
and is recycled.  
Fruits & vegetables,  
You and me,  
the Earth,  
the Sun,  
the Universe,  
Space...

\* \* \*

Where did the raw material of the universe  
come from?  
There had to be something to go "BANG!" in the first place.

\* \* \*

The globe is the most universal shape in the universe.  
Liquids condense into globes in space;  
so does everything else.  
Surely Space is globular.

\* \* \*

The shape and depth of space  
is no more awesome  
or significant  
than apple blossoms.

\* \* \*

Dogs are proof of evolution,  
except that natural selection  
has been replaced by  
human selection.

\* \* \*

From the very beginning of it, the earth has been round —  
but it has required millions and millions of years  
for us to discover that simple fact.  
What other "simple facts" don't we yet know about our world  
and ourselves?

\* \* \*

I am sunlight  
mixed with earth, air and water.  
I am billions & billions of little bits and pieces  
of modified sunshine!

\* \* \*

We are all made of Sunshine & Starstuff!

\* \* \*

This year's compost  
is last year's light  
and next year's food.

\* \* \*

We are the end result of the earth's attempt  
to see and understand and perhaps control itself.  
We are the earth's consciousness, becoming aware of itself.  
We must keep it alive and well healthy and strong, or we'll lose it.  
It's the only home we've got!

\* \* \*

"Time" began when people started keeping track of it.  
Time will end when we stop keeping track of it.  
Time does not exist;  
only the track exists.

\* \* \*

Words themselves have nudged humankind  
on its evolutionary way,  
from the time they were first invented.  
Words allow me to contemplate myself  
and the world and the universe, and "God," etc.  
Words allow me to tell you what I believe,  
and allow you to consider my ideas,  
and to tell me what you think of them.  
At this moment, through the magic of words,  
you and I are touching minds!  
"Hello, there!"

\* \* \*

EXODUS:  
(Escaping Old Ideas)

Everything eats  
Everything else!  
\* \* \*

Nature is relentless.  
As soon as an organism becomes less than healthy,  
a process of natural recycling is begun.  
The unhealthy individuals soon become  
fodder for the healthy ones.

\* \* \*

As soon as an animal or plant begins to function at less than ideal health,  
for whatever reason, real or imaginary,  
then Nature goes to work to destroy that organism  
and return it to "the bank" —the earth.  
All sorts of beasts and birds and bugs and germs accomplish this.  
When a human is emotionally depressed,  
(or cat or dog or whatever — elephant, dolphin, ape or donkey) even through there is no "real" or physical  
cause,  
Nature begins to destroy that entity.  
He or she gets sick —  
with whatever disease(s) are the handiest or easiest to catch  
Hopefully, the illness gets "Mommy" to say "I love you,"  
and the depression is temporarily relieved,  
and the illness goes away.  
But if no one says "I love you,"  
more and more things go wrong,  
until the organism essentially disintegrates.

\* \* \*

Illness is a symptom of unhappiness.

\* \* \*

We use illness as a means of getting sympathetic attention,  
or of avoiding an unpleasant situation.

\* \* \*

Illness is a highly favored form of dumping.  
It is also a popular means of self-punishment.

\* \* \*

At a very early age, we learned how to be "really" sick  
when there was a test at school, or hard work to do.  
Mom always said "This had better be real, or you're in trouble!"  
So we learned how to catch colds, get stomach aches,  
and otherwise damage ourselves with real diseases.

\* \* \*

Early in life, I learned  
that the only way I could get anyone's attention  
was by being sick.  
Accomplishments didn't do it.  
Being a good boy didn't do it.  
In fact, the more I did and the better I tried to be,  
the more people disliked and avoided me. Being "good" turned everyone off,  
even though that's what they claimed they wanted me to be.  
They lied.  
But every time I started feeling sick,  
I got all sorts of care and concern —  
which, of course, went away as soon as I got better.

\* \* \*

Cheer up!  
You'll feel better!

\* \* \*

Feeling good produces a chemical in the blood  
that keeps us healthy, "young"  
and functioning properly!

\* \* \*

When you feel good,  
you generate an electro-magnetic force field around you.  
This can be seen by some people and has been called an "Aura."  
( I've never seen one,  
but it probably looks something like the aurora borealis.)  
Force fields interface and interact with other force fields,  
forming invisible electronic networks.  
If you feel bad, you produce a negative field,  
something like a "spiritual vacuum."  
People sense such a dumping-ground,  
and unconsciously seek it out  
to dump on.

\* \* \*

Feelgood wards off disease  
while feelbad invites it.  
This should be true for all living organisms!

\* \* \*

We instinctively reach for Feelgood  
whatever the brand.

\* \* \*

It is the easiest thing on earth:  
becoming addicted to something that feels good!

\* \* \*

Drug-addiction is a symptom of unhappiness.

\* \* \*

Drugs produce artificial well-being — all drugs:  
Aspirin, Prozac, Valium, LSD, cocaine, heroin, morphine,  
mescaline, marijuana, nicotine, caffeine, alcohol, etc....

They are only substitutes for the real thing.  
We should be able to create well-being without help,  
but no one has taught us how.

\* \* \*

You have to feel good about yourself  
before you can start feeling good.

\* \* \*

Guilt causes cancer.

\* \* \*

What we call "diseases" are only  
Nature's cleansers.

\* \* \*

Cancer = organic Mr. Kleen!

\* \* \*

We truly catch an illness!  
Sometimes we run ourselves ragged,  
trying to capture something sick-making!

\* \* \*

The Blues kill more people than wars.

\* \* \*

Nature abhors pain and suffering.  
Only human beings put great value on living  
even though it hurts.

\* \* \*

What we call "Reality"  
is the result of faulty programming  
due to our faulty perception of true reality.

\* \* \*

Medical Science has "corrected" natural population control  
— survival of the fittest —  
by conquering diseases with drugs.  
Nature strives to maintain balance:  
When we cure one disease,  
another one will show up in its place —  
often more than one.

We must cure the patient of the need to be sick,  
or repeat the old syndromes over and over and over!

\* \* \*

“Help!  
I’m trapped in a syndrome  
& can’t get out!”

\* \* \*

One does not avoid disease  
in order to become healthy;  
one stays healthy in order to  
avoid diseases.

\* \* \*

The more you stay healthy,  
the less you get sick.

\* \* \*

We are electro-chemical bio-computers  
programmed to live and die as "human beings;"  
can we change our own basic programming?

\* \* \*

We have programmed ourselves to "grow old,"  
to degenerate and to self-destruct.  
Can we, by learning how to reprogram ourselves,  
bypass those old habits  
and live for as long as we want to?

\* \* \*

Could it be that we are already programmed for immortality,  
but just don't know how to access and begin the program?

\* \* \*

Immortality by hypnosis?

\* \* \*

When you discover an elementary truth, you must accommodate its directives;  
you must incorporate it into your life,  
or it won't work for you.

Intellectually knowing that illness is the result of feeling bad  
does not automatically guarantee that you will stop being sick!  
You must understand the process, and apply the knowledge

\* \* \*

The process of socialization gives us expectations;  
from infancy to old age,  
we are surrounded by examples of every "natural" stage of life;  
we learned what to expect;  
we programmed ourselves  
to follow the patterns now presumed to be in the DNA of our parents.

We believe many things are "natural" or "normal"  
when they may not be that at all!  
They may just seem to be because most of us believe they are!

\* \* \*

It should be possible —  
if only I knew how -  
to regrow my teeth and hair and regain 20/20 vision,  
by reactivating the patterns  
which are still in my memory-banks,  
somewhere....

\* \* \*

You will be amazed  
when you finally understand the amount of anger  
that hovers hidden in our daily lives.

We get up angry, we have to, or we couldn't work up the aggression necessary to go to work and spend 8  
hours in the hostile world,  
that "jungle-out-there."

We wake up angry at the alarm clock, for jerking us out of an angry dream, angry about everything that  
went wrong yesterday,  
angry about grievances not addressed,  
angry at having to go through the same damned thing  
day after day after day...!

Anger creates energy,  
which, if not released, will do great damage to you,  
inside and out.

We must learn to change that anger to joy,  
or we will continue killing ourselves and each other!

\* \* \*

Being afraid will wear you out as quickly as worrying, or being angry.  
Fear, anger & worry put your body on "alert!"  
which drains its resources and wears it down.

\* \* \*

I've got good longevity genes;  
If only I can keep from killing myself,  
I can live for a very long time!

\* \* \*

Happiness creates an energy;  
the happier you are,  
the more "Alive" you feel.

\* \* \*

I don't know how to be happy!  
I've never been properly programmed for it!

\* \* \*

We were programmed to need love,  
to give and receive it.  
We judge ourselves according to the quantity  
& the quality of our loves.

\* \* \*

No one can have  
perfect health  
without love

\* \* \*

Love is the food of Immortality

\* \* \*

People get very mean when deprived of love.

\* \* \*

Love validates;  
validation energizes.

\* \* \*

While in the womb,  
& even before the moment of conception

(your parents were “making love”  
and, surely, at that moment,  
they were, indeed, “making love.”)  
You were surrounded by love;  
your mother loved you  
from the moment she decided she wanted you.  
Unless you were somehow deprived of that love,  
and were born disfigured or handicapped,  
you were born needing love  
as much as nourishment;  
in fact, love, to you, is a nourishment!  
You need it in order to go on living!  
At least at the beginning of your life,  
you were welcomed and loved –  
by your parents & grandparents, aunts and uncles  
but as you grow older  
it becomes more and more difficult  
to find .  
You can die from lack of love.

\* \* \*